

Bread & Wine



May 2010

Christ Episcopal Church

P.O. Box 657 (428 Pee Dee Avenue)
Albemarle, NC 28002
Website: <http://www.christalb.org/>

Phone: 704 / 982-1428 Fax: 704 / 982-1001
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Mission Statement:

*This mission of Christ Episcopal Church is to...Love the unlovable; Help the helpless; Inspire the discouraged;
Be a family to those who have none; Be the right hand of God in the world.*

1890—Christ Church's One Hundred Twentieth Anniversary—2010

Fr. Jim's Journal: *Taking the "Sabbath" Seriously!*

Dear Sisters and Brothers in Christ,

On my sermon for Good Friday, I talked about the correlation between God "resting" on the 7th day, and Jesus' body "resting" on the Sabbath day, the day after Good Friday. As God the Father "rested" on the Sabbath Day after creating the world and all that was in it, His beloved Son, Jesus Christ, "rested" in death on the Sabbath, Holy Saturday, after His work of redeeming the world was done. In both the Creation story and the Gospel accounts of Jesus' saving death on the cross, God gave us the notion of the Sabbath to help us to understand that you and I need to have rest from our labors. Jesus himself says, "Come to me, all who labor and are heavy-laden, I will give you rest." (Matthew 11:28)

In our culture today, it has been said that we have more free time than in previous generations but do not really get to enjoy it, since we "fill it up" with a lot of things that make us weary.

When I look at my life, I wonder how I am enjoying God's gift of the Sabbath. Largely because of my wife Sandy (for whom I thank God every day!), my "day off" on Friday is fairly restful and "out of the office." My Sunday Sabbath is usually free of unnecessary meetings and activities. (When I arrived at Christ Church, we moved our monthly vestry meetings from Sunday afternoon to a weekday evening.) **How is your Sabbath?**

I cringe when I think that, because of consumer demand, many people still have to work on Sundays; for one to ask for a Sunday off in order to worship is usually unheard of, these days. However, I realize that, for many other reasons, "Sabbath" isn't really a day of rest for some of our parishioners and friends. Athletic activities such as youth games, practices and tournaments have taken over even the "sacred Sunday morning time" that had previously been considered untouchable. I don't understand why coaches and league officials feel that they can infringe on Sunday mornings to schedule games and tournaments; however, we parents are partially responsible for this change of attitude that takes hold of our sporting teams. By and large, we "give in" to the demands of our children's coaches to take our children to sporting events that interfere with what we all need to do on the Sabbath: **worship God, and rest.** God's Fourth Commandment ("Keep Holy the Sabbath.")

This Holy Week has been one of the worst for me personally. Although we had put out in advance a liturgical minister schedule for Holy Week (*the most important week of the Church Year*), we were missing acolytes for all of our Holy Week services except Easter Day. In addition to all the other things I needed to do—spiritually and otherwise—to prepare for the services, I was forced to recruit acolytes at the last minute from the adults who were in the congregation. We also had no usher schedule for Holy Week, so I wasn't sure if we were going to have ushers or not for the various services. (To date, we still do not have an usher schedule, nor do we have a lay acolyte coordinator.)

In addition to all of the above, I realize that this year was worse for Sandy and me than last year, the first year after our son Matthew's death. I'm not very sure why this is so, but other people who have lost a child have told us that after the "numbness" of the first year after a child's death wears out, more of the reality of his or her death becomes apparent during the second year. I realize now that I didn't take the "quality time off" that I needed to take, shortly after our son died in September of 2008. While taking a couple days off here and

there, I often stopped back in the office or called the secretary, to see how things were going. Sandy and I—and even some of our diocesan officials—now believe that we hadn't taken sufficient time to deal with issues surrounding our son's death.

With all this in mind, I am doing some short-term and long-term planning:

A. For the short term:

- 1) I am renewing my prayer that our parish have a deacon assigned from our diocese, to help us in coordinating ministry at this place. As you may know, the deacon exercises his or her ministry in the world, and brings the needs of the world to the Church, and vice versa. In the liturgy, the deacon assists the bishop or priest who presides at the Eucharist, by proclaiming the Gospel, occasionally delivering a sermon, and assisting at the altar. A special role of the deacon—now being done by our lay intercessors and cantors—is leading the “Prayers of the People,” whereby the needs of the Church and the world are publically brought to God's attention. He or she is also an unofficial “minister of ceremonies,” not only making sure that all the liturgical ministers (lectors, acolytes, chalicists, ushers, etc.) are ready for their particular roles in the liturgy before the service begins, but also helping prepare people to exercise their ministries well. I have asked our bishop for a deacon three years ago; maybe now is a good time for us to receive one (although I must note that the number of available deacons in our diocese is very slim). The ministry of an active deacon would benefit our parish by allowing me to function as the celebrant, and by having someone else look over the active lay ministries in our parish.
- 2) In addition to having a special training session for our younger acolytes, I will be training interested adults for the ministry of acolyte. It would be good for us to have at least one acolyte assist me at the Sunday 8:30 a.m. service, as well as the weekday and special occasion Eucharists we have. If we have a group of well-prepared adults and adolescents properly prepared for the ministry of acolyte, we should be able to have acolytes available for this important ministry for EVERY Eucharist we celebrate.
- 3) I am taking a “Sabbath” from worrying about certain aspects of our parish life that are beyond my control. In particular, I am giving up on “playing games” with people who act in a passive-aggressive way. That is, I am not going to fret over things that people promised to do, but never really intended to do, with regard to certain aspects of parish life. My motto here will be to “let go, and let God” worry about such things that I can't control.
- 4) We are going to look over our Lenten and Holy Week activities for next year, with an eye to reducing the number of services we have. More will be forthcoming on this!

B. For the long term:

In this “year of discernment” for the people of Christ Church and myself, I am feeling that God may be calling me to be here for the “long term,” i.e., for the next few years. If I am to do this, Sandy and I will need to deal better with some grief issues that have been swept “under the carpet.” Although we are both seeing a grief counselor, we feel that we both need the time to step back a bit, and reflect on how our son's death has dramatically affected our personal and family lives (and indirectly, the life of our parish). To this end, I am announcing that with God's help, Sandy and I will be taking a “grief and respite sabbatical” in the fall of this year. I have shared this idea with Bishop Gregg, our Assisting Bishop, and our Vestry, who wholeheartedly approve of our doing this. I am sharing with you about the sabbatical, since some have misconstrued the time element involved. I will be away for about seven or eight weeks this fall, in order to:

- 1) learn a little more about myself as a person;
- 2) do an educational project that I had wanted to do two years ago but didn't have the time, and
- 3) “recharge my spiritual batteries” so that I could come back at the end of this time, renewed to work with you in Christ's ministry here.

Just what is a “sabbatical”? It is not an extended vacation but an opportunity for one to take stock of one's life and ministry after a certain amount of time. Usually, a priest is granted the opportunity for a sabbatical after seven or more years of service in a particular place. Although I have been a priest for over 30 years, I have not yet asked for a sabbatical; I think that now, needing to face some grief issues not previously addressed, and having had a Lent and Holy Week that were spiritually frustrating for me, is the right time for me to approach this opportunity for spiritual growth.

Bishop Gregg is working with me so that during the time of my sabbatical, there will be clergy assigned to lead most, if not all of, our Sunday services and assist with pastoral care. There will hopefully be a new secretary

well in place by the time my sabbatical begins. However, there are still a few missing pieces that need to fall into place, before the sabbatical can begin. One of them is securing the financial support for the programs in which I will be participating. Among Sandy and my expectations after the sabbatical is over, are the following: to have God help us with our grief issues through the experiences we will be having, and to have me come back ready to assist you with a renewed heart for Jesus' ministry. So please, in the meantime, pray for Sandy and me, that the missing pieces will come into place and that a sabbatical will be a reality for me this fall.

As always, I thank you for your love, prayers, understanding and support in Christ!
Sincerely, in Jesus Christ our Lord and Savior,

Fr. Jim+

Here are some thoughts for ministers and coordinators:

- 1) If you cannot make your assigned service, please call someone to switch with you or to take your place. Then please call the church office, so that we can list the correct names of the persons who will be doing the ministry on that Sunday. If you become ill on the morning of your service, please call the rector at home (704/ 986-0134) or at church (after 9:30 a.m.: 704/ 982-1428).
- 2) Coordinators of ministries are asked to make a schedule that will run for either twelve months (March through February) or three months. If a coordinator or a minister wishes to resign from his or her ministry, he or she should notify the rector well in advance of the resignation, and also (in the case of a coordinator) recruit someone to take their place.
- 3) The lawn cutting schedule, as well as the Coffee Hour schedule and liturgical minister schedules, assumes that one who has already done this ministry will be willing to do it again. We do not presume to know if one's own personal schedule changes so that one cannot perform this ministry any longer. If you cannot fulfill your ministry in a given area, please let the coordinator know BEFORE a given schedule is produced. This will make it much easier for the scheduler to make a schedule that does not need to be changed. (My wife Sandy had to make four Coffee Hour schedules due in part to people informing her, after the fact, that they no longer wished to do a coffee hour.)
- 4) We wish to thank all of our ministers and ministry coordinators for their valuable service to God and the people of our parish family!

Community Inn  *Homeless Shelter*

We host the Community Inn on Monday, May 10. Rita Burris and Becky McKeon have graciously volunteered to make and serve the meal. We need one person to help Elizabeth Cook with intake. Intake begins at 6:00 and lasts until 8:00, and dinner starts at 7:00. Often the intake worker helps with serving dinner and clean-up. If you are willing to help in this vital ministry, please contact Elizabeth Cook at 704-983-2861 or elizcook@ctc.net. Thank you. [Christ Church hosts the Community Inn on the **second Monday of each month**. Mark your calendar in advance to plan to help out on this vital ministry—you will be so **ble**ssed!]



MEN'S GROUP *Our Men's Group Breakfast will be held Sat., May 15, at 8:30 a.m. All men welcome!*



LADIES' NOON OUT

The Ladies' Noon Out will meet Thurs., May 27, at 11:30 a.m. at The Badin Inn. The carpool leaves the church parking lot at 11:15 a.m. See Jane Scheer to attend (704) 463-5129. All ladies of the church are welcome to attend this "dutch-treat" lunch for some great food and fine fellowship! Ladies, you don't want to miss this!



Yarning for Others

The next meeting of Yarning for Others will be held on May 27th in the parish hall at 6:30 pm. It is never too late to join. Everyone is welcome regardless of skill level. The adult members have been crocheting and knitting lap robes and prayer shawls. Cindy has been teaching the children how to finger knit. A time each evening has been set aside for show and tell and sharing of ideas.

If you know of anyone who is suffering, facing a difficult situation or homebound please give their name to Jim or a member of the prayer shawl ministry. A shawl will be blessed on Sunday morning and delivered to them. They do not need to be a member of the church.

We are also seeking folks to support this ministry by donating yarn or the funds to purchase yarn. We have received yarn donations from New York City, New Jersey and upstate New York. Please help us spread the word about our ministry by inviting your neighbor, grandmother, co-worker or any other interested person to attend. We are delighted to welcome members and non-members alike.

--Joanne Christman

REMINDERS:

- **2010 Pledge Cards with envelopes are in the wall rack in the back pew of the church.** So far, we have 56 pledges, which total \$155,868. Our proposed 2010 budget is \$168,775. You may drop your pledge into the offering plate or drop it by the church office or mail it to the church.
- **2010 Liturgical Calendars are in the wall rack in the back pew in the church. They are \$2.25 each.**
- **The 2010 Altar Flower Calendar & Sanctus Lamp Calendar are on the Parish Hall bulletin board.**



Youth Calendar Updated

May

9- Mother's Day – The Men's Group will be serving breakfast for all, at 9:30 a.m. in the parish hall.

-All youth will be handing out flowers to the women of the church after the 8:30 and 10:30 services

16- Bowling- all ages welcome (after the 10:30 a.m. service—bring your own lunch or you can purchase lunch at the bowling alley)

23-Parish Day- No Christian Education

27-Yarning for Others – 6:30 pm Parish Hall

June

24-Yarning for Others – 6:30 pm Parish Hall

TBA- Vacation Bible School at the church

Contact Amber Kubik for more information about the youth group or these events cell phone # (704)-244-6784 or home phone # 704-991-2955 or email her at ce@crystalb.org.



Bible Quiz

One Old Testament prophet believed that God had consecrated him to be his spokesman even before his birth. He wrote: "Now the word of the Lord came to me saying, 'Before I formed you in the womb I knew you, and before you were born I consecrated you; I appointed you a prophet to the nations.'" Choose the correct prophet from the list below.

A. Amos B. Jeremiah C. Micah D. Hosea (For the answer: Read Jeremiah 1:4-10, NRSV.)

THE "ALLELUIA" PAGE

This page is going to be reserved for any reason to praise God! This will be used, not only for birthdays or other special occasions, but also for any of your reasons to praise our God! Please submit your input by May 14th for the "Alleluia" page! (Remember that "Alleluia" means "Praise God!")

Happy Birthday!

The Parish Family of Christ Church wishes the following parishioners a very "Happy Birthday" in May:

4- Linda Burris	16- Elaine Hollins	24-Abel Cavasos
10- Rose Harris	17- David Cook	24-Pat Bryfonski
11- Mary-Margaret Brown	17- Blaine Covington	25-Joseph Misenheimer
12-Jeff Davis	21-Beth Olivieri	27-Eric Whitley
13-Joyce Higham	21-Lana Erickson	27-Jody Huneycutt
15- Matt Amick	24-Alexandra Deese	30-Elizabeth Hinson

Prayer concerns/updates:

Sherry McComas, was a patient in the Rehabilitation Unit of Stanly Regional Medical Center for physical therapy. However, she was transferred to Presbyterian Hospital on Wednesday, May 5th due to some other medical/health issues. Please keep her in your prayers.



From The Mail Bag... (actually sent by email)

April 25, 2010

Dear Amber and Christ Church Young People:

Thank you all for the absolutely wonderful lunch you prepared for coffee hour today. I can't tell you how much your hard work was appreciated by everyone. We have never had anything like this at Christ Church - you can all be very proud of yourselves for doing something so special.

I have eaten in many Italian restaurants in my time and have never had such efficient and cheerful service. The food was all great and served very professionally.

For such a small group of young people, you do a lot of great things for the church and for the community. I know that all your endeavors are appreciated and enjoyed.

Thanks again for a wonderful meal.

Sincerely,
Pat Bryfonski



Food Collection

On April 13th, we collected 12 pounds of food, and on April 19, we collected 10 lbs., and on May 3rd we collected 132 lbs. of food & toiletries for Stanly Community Christian Ministry! Thank you for your generous support of the SCCM to feed & care for the hungry and less fortunate in our community!

More Email "Mail"...

A message from RITA BURRIS:

I WALKED 5 MILES IN THE RELAY FOR LIFE (ON FRI., MAY 7), AT 6:30 PM, FOR THE COUNTY AT ALBEMARLE HIGH SCHOOL AND NEED YOUR HELP TO RAISE MUCH NEEDED MONEY FOR CANCER RESEARCH. PLEASE DONATE TO A GOOD CAUSE. I NEEDED THE MONEY WHEN I WALK.

IF YOU ARE GIVING THE CHECKS TO ME, MAKE CHECKS PAYABLE TO "RELAY FOR LIFE". IF YOU ARE DONATING BY PUTTING IT IN THE OFFERING PLATE, MAKE THE CHECK PAYABLE TO "CHRIST CHURCH" AND MARK THE MEMO LINE "RELAY FOR LIFE". THANKS, RITA BURRIS



DON'T FORGET—PARISH DAY PICNIC, PENTECOST SUN., MAY 23, 11:30 AM IN THE CHURCH PARISH HALL. We will have a cook out—a food sign-up sheet is posted on the Parish Hall bulletin board. Please plan to attend! This is sponsored by the Parish Life Committee. MORE EMAILS RECEIVED (Continued)...

April 27, 2010

Dear Fellow Parishioners,

The grass cutting season began on Easter weekend for Christ Church. The schedule for those cutting grass and those who are making donations for the “back lot” to be cut is complete. It was sent in the mail last week.

For the past several years, we have contracted to have the back lot cut. This year, three of our “Superstar Parishioners” came forward with a very generous proposal. They decided that Christ Church could use a self-propelled, walk behind, mower. There are some areas of our lawn that are difficult to mow with our push mower, and for those of us still cutting grass in our 50’s, 60’s & 70’s, we could use a self-propelled mower, especially uphill.

Archie Chase, Tony Hinson & David Wilhelm all have riding mowers and a trailer and have agreed to take turns cutting the back lot. They do not want any compensation for these extra duties but would like for the \$45 being paid to the Lawn Care Fund be used for the purchase of this new mower at the end of the season. And, a lot of other lawn care expenses and projects that have gone unattended could now be addressed.

Archie, Tony, and David also will be cutting the church yard three or four times this year. I hope that all of you will join me in thanking them for this gracious gesture. The Vestry, Buildings and Grounds Committee, Lawn Care Subgroup, and I also thank all of you who have agreed to cut grass and assist financially with the Lawn Care Program. --Craig Kennedy

A Fresh Look at Pentecost

Fifty days after Jesus’ resurrection, on a day called Pentecost, the Christian church was born. Because Pentecost was a holiday celebrating the harvest (a bit like our Thanksgiving), the apostles and a large crowd had gathered to celebrate in Jerusalem. Many people had assembled near Peter and the other followers of Christ when “[F]rom heaven there came a sound like the rush of a violent wind ...” (Acts 2:2 ff, NRSV). Then tongues of fire descended on everyone in the crowd. After the wind and fire descended, all sorts of languages, known and unknown, came out of the crowd. Each person spoke “about God’s deeds of power” (verse 11). No wonder Luke wrote, “All were amazed and perplexed, saying to one another, ‘What does this mean?’” (verse 12).

The whole affair was mind-boggling and life-changing. The Holy Spirit had come upon many people; they knew God was powerfully at work in their midst. On Pentecost many years ago, some 3,000 people came to believe in Christ. That’s why today Christians remember this powerful event as the birthday of the church. Pentecost occurs on May 23 this year.



Sun., May 16 & 23

UTO Spring Ingathering (United Thank Offering)

Gifts will benefit mission projects in the US and around the world



Memorial Day

Monday, May 31

Remember those who gave their lives for our freedom

(The Church Office will be closed on Monday, May 31, in observance of Memorial Day.)

♪ A Note to The Choir...

We will have no more Choir Rehearsals after June 2 until September. However, we will be singing each Sunday through June 20 and need to meet about 15 minutes before the Sunday morning service begins for a brief practice.

A NEW RECYCLING BIN IS LOCATED OUTSIDE, NEXT TO OUR LARGE ROLLING TRASH CANS. DISCARDED ITEMS FROM THE CHURCH CAN BE PLACED IN THIS BIN AND WILL BE PICKED UP EACH WEEK BY THE COMPANY, GREEN PIECES. Items that can be recycled are: paper, magazines, catalogs, junk mail, mixed paper, phone books, plastics #1 & #2, plastic bottles #1-#7, glass bottles and jars, aluminum, steel cans, scrap metal, and corrugated cardboard. Please help keep unnecessary trash out of the landfills by recycling.

From God's Word...

[Lord,] You show me the path of life. In your presence there is fullness of joy; in your right hand are pleasures forevermore.”

--Psalm 16:11 (NRSV)



Letter to The Congregation of Christ Episcopal Church

May 3, 2010

Dear Christ Church Congregation,

This letter is one that I hoped I would not have to be writing for many more years ahead, but it is now the time to do so. It is with great sadness that I wish to inform you that I must resign my position as Parish Secretary due to my husband's job transfer. He is being assigned to First United Methodist Church of Hildebran, NC, about 93 miles from Christ Church, a commute too long for me to continue working at Christ Church. We will be moving from our current parsonage in Misenheimer on June 22 and moving into the new parsonage in the Hildebran/Connelly Springs area that same day. Our son Jordan wishes to remain in Stanly County and is currently looking to buy or rent a house. I will be working through June 8, as our Annual Conference begins that week. I will be going with my husband to attend the Conference and participate in the clergy-spouse events and worship services through Sunday of that week. This will give me a week at home after the Conference to finish packing, cleaning, and readying the parsonage for the new pastoral family of Matton's Grove United Methodist Church.

I would like to say a great big "THANK YOU" to everyone for allowing me to work in God's house as His servant in the most fulfilling and joy-filled job I have ever had. You have loved me as your own, and I have considered myself an "unofficial member in heart and soul" of this beloved congregation. Thank you for the love and support you have given me over these 6 3/4 years and for the awesome opportunity to work in such a wonderful place. I have always considered that I work as unto the Lord and try to glorify God and draw people to Him and to His house in all that I do and say. I have felt that I was part of a ministry team that sought to reach people and make them feel welcome and wanted at Christ Church by being friendly and caring to each person that I would meet each day on my job. In addition, I have always tried to do the very best in all the work that I produce and that my efforts would make a difference and a positive influence for Christ. Throughout the years, I have met some wonderful people, both in the congregation and community. Every time that I spoke with someone interested in attending Christ Church, I would tell them, "No, I don't attend here, because my husband is the pastor of Matton's Grove United Methodist Church. But, if it weren't for that, I would be a member here!"

I will miss all of you so very much, but I know that God has a plan for my husband and me in the new church & community. This is exciting to find out what God has in store for us, but it is also very sad that I leave you all behind, my dear friends and the job that I love so much. Please know that you will all be in my prayers, and I know that God will send you someone to fill the position that will love and care for you and the church. I don't know our new address or phone number yet, but as soon as I get it, I will let you know. Thank you again for all of your goodness to me. I love you all! Please keep in touch!

With the Love of Christ,
Carol Bowman, Parish Secretary

A "PS" from Father Jim: Carol has done a "labor of love" these many years as my secretary and former "parish and financial secretary." We would like to honor her and her husband Tony at a "pot luck supper" on **Sunday, June 6th at 5 p.m. in our parish hall.** On that occasion, we would like to offer Carol a "love offering" from our parishioners and friends. If you would like to participate in this offering, please send a check to The Rev.

Jim Bernacki, Christ Episcopal Church, PO Box 657, Albemarle, NC 28002. On your check memo please write: "Church Secretary Gift." Please send the check to the church office no later than **Sunday, May 30th**. Please plan on being in our church hall on Sunday, June 6th; please also join me and our parish leaders in praying for Tony and Carol, as they prepare for this new phase of their ministry.

Bread & Wine

Bread & Wine Articles due May 14!

Christ Episcopal Church
Mail: PO Box 657
Albemarle, NC 28002

Time sensitive material Mailed on May 10, 2010

Christ Episcopal Church is a parish of the Episcopal Diocese of North Carolina, The Episcopal Church (TEC), and the Worldwide Anglican Communion.

Rector – The Rev. Dr. James Bernacki
Supply Priest in Residence–Fr. Marvin Aycock
Senior Warden – Tony Hinson
Jr. Warden – Joe Burris
Treasurer – Archie Chase
Vestry Clerk – Dr. Marianne Bumgarner-Davis
Parish Secretary – Carol Bowman
Organist & Choir – Jane Scheer
Acolytes – *t.b.a.*
Altar Guild – Pat Bryfonski
Flower Guild – Joe Burris
Christian Ed.— Lisa Deese
Columbarium – Helen Harris, Allison Poplin

Coord. Of Relig. Formation – Amber Kubik
ECW – Shelia Chase, Pat Bryfonski, and Jane Scheer
Lawn Care – Craig Kennedy
Lay Eucharistic Ministers – David Cook
Lectors – Dr. Marianne Bumgarner-Davis
Men's Group – Archie Chase
Nursery – Miranda Throneburg, Amber Kubik
Outreach –Lana Erickson, Matt Amick
Parish Life – Janet Treadaway,
Dr. Lisa Brandyberry
Parish Nursing–Becky McKeon, Felicia Amick
Newsletter Editor: Carol Bowman

Pastoral Care–Lori Kirkingburg, Dr. Marianne Bumgarner-Davis
Buildings & Grounds–David Wilhelm, Joe Burris
Stewardship & Finance– Russ Hollins, Joe Burris
Ushers – Wayne Davis
Worship – Tom Lowe, Pat Bryfonski
Youth – Amber Kubik, Nancy Deeck
Church Kitchen Coordinator – Doris Stickney
Evangelism – Michael Lowder
Webmaster – Stan Scheer

Inside this Newsletter:

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- **The "Alleluia Page" and Kids' Page/**

The "**Sanctus Light**" (Sanctuary Candle) burns daily in our church as a sign of Christ's presence in the Blessed Sacrament in the tabernacle (box on the left side wall in the sanctuary of the church). The Sanctus Light, representing the "light of Christ," is a candle lit from the Paschal Candle on Easter Eve; it is changed every week, since it is a seven-day candle. Traditionally, people have offered the Sanctus Light to the Glory of God, and in loving memory of a departed loved one, or in thanksgiving for someone/some special occasion. If you would like to offer the Sanctus Light for a particular Sunday, please notify us at the church office. Although there is no fee for the offering of this light, a suggested donation of \$5 for the cost of the candle is recommended.

GOOD NEWS T-SHIRT

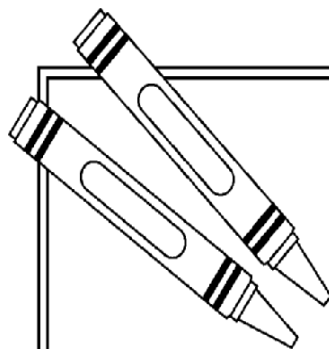
Jesus told his disciples — and us — to go into all the world and preach the good news. Wherever you go, this cool T-shirt will help spark conversations about your faith.

What you need:

- Newspaper
- Cardboard
- Plain white, cotton T-shirt
- Permanent markers
- Goggles (optional)
- Eye dropper
- Rubbing alcohol
- Clothes hanger

What you do:

1. Cover a table with newspaper. (Work outside or in a well-ventilated area.)
2. Place a piece of cardboard inside your T-shirt. (This keeps pen marks from going through to the other side.)
3. With permanent markers, draw a design of large circles, spirals, hearts, etc.
4. Wear goggles while dropping rubbing alcohol onto your designs with an eye dropper. As the alcohol permeates the permanent marker, the color will break up and spread in interesting ways.
5. Hang the shirt to dry.
6. When the shirt is dry, place cardboard inside it again. On the front, write “I have some good news to share with you.” You can also write a Bible verse.

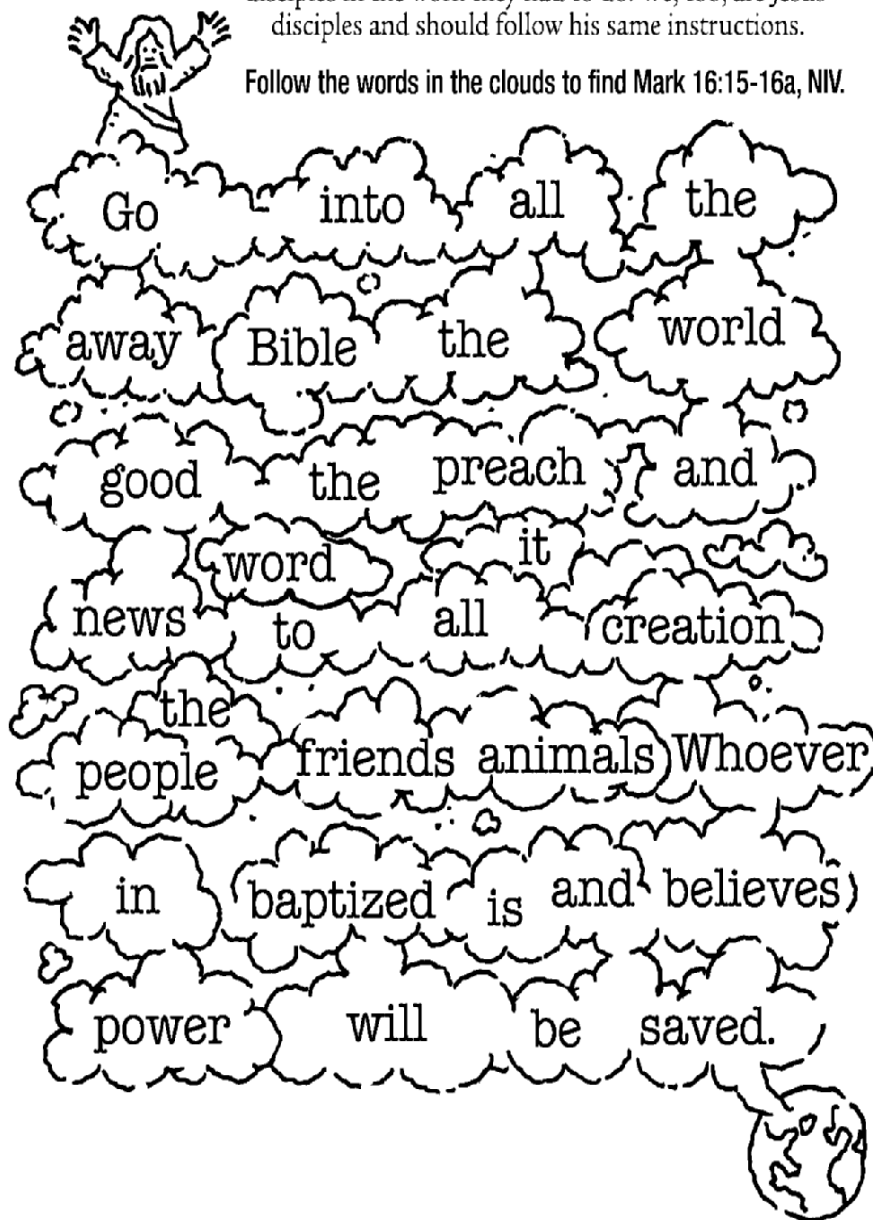


Just for **KIDS**

“I am with you always.”

Before Jesus ascended into heaven, he encouraged his disciples in the work they had to do. We, too, are Jesus’ disciples and should follow his same instructions.

Follow the words in the clouds to find Mark 16:15-16a, NIV.



Answer: “Go into all the world and preach the good news to all creation. Whoever believes and is baptized will be saved.” (Mark 16:15-16a, NIV)